

Heba Essam Jalloun

✉ Drhebazoo@hotmail.com 📞 +966505698354 📍 Kingdom of Saudi Arabia, Jeddah, 23815- 3157

🇸🇦 Saudi 📅 04/05/1976 🤰 Married ♀ Female

EDUCATION

- **Bachelor's in Medicine & General Surgery (MBChB)** 1994 – 2000
King Abdul-Aziz University Hospital, Faculty of Medicine Jeddah, Saudi Arabia
- **Saudi License Exam** 2000
- **Saudi Specialty Certificate in General Surgery (SSC- SURG)** 2003 – 2008
Jeddah, Saudi Arabia
- **Korean fellowship in Minimal Invasive Surgery, Laparoscopic & Robotics of Colorectal Diseases** 10/2015 – 12/2016
- **Korean fellowship in Oncology, Proctology, and Pelvic Floor** 01/2017 – 12/2017

PROFESSIONAL EXPERIENCE

- **Director of Residency Training Program of Saudi Board of General Surgery** 2022
King Fahd Armed Forces Hospital
- **Colorectal, Minimal invasive Surgery, and Robotic surgery Consultant** 2018
King Fahd Armed Forces Hospital
- **General Surgery Consultant** 2014
King Fahd Armed Forces Hospital
- **General Surgery Assistant consultant** 2009 – 2014
King Fahd Armed Forces Hospital
- **General Surgery Registrar** 2008 – 2009
King Fahd Armed Forces Hospital
- **General Surgery Residency Training Program** 2003 – 2008
North west Armed Forces Hospital (NWAFH) Tabuk, King Abdulaziz & Oncology Center Hospital, Jeddah
- **Resident at Family Medicine Saudi training program** 2001 – 2003
North west Armed Forces Hospital (NWAFH)

TRAINING

Internship 08/2000 – 07/2001

- Surgery - King Abdul-Aziz University Hospital (August - October 2000).
- Medicine - National Guard Medical City (November - January 2001).
- Pediatrics - Maternity and Child Hospital (Feb - April 2001).
- Accident & Emergency - King Abdul Aziz University Hospital (May 2001).
- Psychiatry - elective rotation- King Abdul Aziz University Hospital (June 2001).
- Obstetric Gynecology - King Abdul Aziz Medical City (July - August 2001).

Residency

- Resident in general surgery department at Northwest Armed Forces Hospital from October 2003 to September 2006.
- Resident in general surgery department at King Abdulaziz & Oncology Center from October 2006 to September 2008.

Fellowship

09/2015 – 12/2017

- Fellowship training at the Catholic University of Korea, Seoul Saint Marks Hospital

CERTIFICATES

Basic Life Support (BLS) provider certificate
KFAFH, Jeddah, 2022

Train of The Trainer (TOT) certificate
KFAFH, Jeddah, 2020

Advanced trauma life support (A.T.L.S.) provider certificate
NWAFH, 2005

Advance Trauma Life Support (A.T.L.S.) instructor certificate
NWAFH, 2005

Basic Surgical Skills instructor certificate (BOSS) certificate
NWAFH, 2005

Advanced Cardiac Life Support (A.C.L.S.) provider certificate
Jeddah, 2000

Neonatal Resuscitation Program (N.R.P.) provider certificate
Jeddah, 2000

EXTRACURRICULAR ACTIVITIES

- 1- Training Program Director at the General Surgery Saudi Board
KFAFH 2022
- 2- Director of multi simulation courses for residency training such as Basic Surgical Skills, Basic Skills in Laparoscopic Surgery 2021 – 2023
- 3- Train of trainer workshops
2019, 2023
- 4- Member of the Saudi Society of Colorectal Surgery 2018
- 5- Member of the European Society of Coloproctology, ESCP 2018
- 6- Members of the Association of Coloproctology of Great Britain and Ireland 2018
- 7- Member of the Saudi Surgical Society 2021
- 8- Front liner at COVID-19 Pandemic 2020
- 9- Instructor in the ATLS courses 2005
- 10- Instructor in the Basic Surgical Skills Courses 2005
- 11- International Speaker at Seoul International Symposium of Surgical Oncology Conference 2021
- 12- International Speaker at the 37th ESS, Egyptian Society of Surgeon, The Annual Meeting
March 13-15, 2019
- 13- Chairperson at the Saudi International Colorectal Forum
March 26, 2019
- 14- International Speaker and Attendee of many Colorectal Symposiums at South Korea
- 15- Speaker in the Breast Symposium & Workshop held in Tabuk 2008
- 16- Basic and Advanced Laparoscopic Courses and Workshops candidate

PUBLICATIONS

- 1- Influence of the ERAS protocol on postoperative inflammation and short-term postoperative surgical outcomes after colorectal cancer surgery [↗](#)
- 2- Are we doing too much? local excision before radical surgery in early rectal cancer, International Journal of Colorectal Disease 33:383–391 [↗](#) 2018
- 3- Long-term oncologic outcomes of laparoscopic surgery for splenic flexure colon cancer are comparable to conventional open surgery, Annals of Surgical Treatment and Research [↗](#)
- 4- Global overview of the management of acute cholecystitis during the COVID-19 pandemic (CHOLECOVID study) [↗](#)
- 5- SARS-CoV-2 vaccination modelling for safe surgery to save lives: data from an international prospective cohort study [↗](#)

6-Effect of COVID-19 pandemic lockdowns on planned cancer surgery for 15 tumor types in 61 countries: an international, prospective, cohort study [↗](#)

05/10/2021

7- Timing of surgery following SARS-CoV-2 infection: an international prospective cohort study, COVID Surg Collaborative* and Global Surg Collaborative* [↗](#)

8- SARS-CoV-2 infection and venous thromboembolism after surgery: an international prospective cohort study [↗](#)

9- The impact of surgical delay on respectability of colorectal cancer: An international prospective cohort study DOI: 10.1111/codi.16117

10-A poster presentation abstracts at the ISW 2013 in Helsinki, Finland about the management of perforated peptic ulcer disease, KFAFH experience, ISW 24-29August, Helsinki2013, DOI: [↗](#)

11- Managing Perforated Peptic Ulcer- A comparison between different approaches [↗](#)

2015

12- Research about drug addiction among students during the high school period

ONGOING PUBLICATION & HOSPITAL PROJECTS

1- Hospital quality project for increase the percentage of patients discharge before noon in Surgical Wards

2- Basidiobolomycosis, A case series and literature review of an emerging rare disease.

3- Can a Trans-anal Drainage Tube be harmful? A case report of perforated Descending colon post-laparoscopic anterior resection for Rectosigmoid colon cancer.

4- Laparoscopic right hemicolectomy with vascular-based no-touch isolation technique, Video's copy.

5- Principal investigator at: An international multi-center appraisal of the management of acute CHOLEcystitis during the COVID-19 pandemic: The CHOLECOVID Audit

2020

6- Principal investigator at: Outcomes of elective cancer surgery during the COVID-19 pandemic crisis: an international, multicenter, observational cohort study (CovidSurg - Cancer)

2020

INTERESTS

1- Minimal Invasive (Laparoscopic and Robotics) Surgery | 2- Trans-anal minimal invasive surgery |
3- Oncology Surgery of Colorectal Diseases | 4- Anorectal Disease Surgery | 5- Trauma surgery |
6- Education, Academic activities, Publication and Research

AWARDS

1. Certificate of appreciation from hospital directory in patient safety and experience

2021,2023

2. Certificate of appreciation Recognition for the contribution to COVID cases during COVID-19 pandemic

2021-2022

3. Best Instructor and Teacher at KFAFH

2019-2020

4. Best senior registrar at KFAFH

2010-2011

5. For participation as an ATLS instructor

2005

6. For participation as a Basic Surgical Skills Instructor

2005

7. For participation as a speaker in many symposiums and grand round lectures

REFERENCES

- **Prof. In Kyu Lee, M.D., Ph.D.**, *Chief of Colorectal Surgery Division, Department of Surgery,*
• Director of Performance Improvement, Seoul St. Mary's Hospital, The Catholic University of Korea
cmcgslee@catholic.ac.kr
- **Prof. Yoon-Suk Lee**, *Department of colorectal surgery, Seoul St. Mary's hospital, The Catholic University of Korea*
yslee@catholic.ac.kr
- **Bong-Hyeon Kye, M.D., Ph.D.**,
Assistant Professor, Division of Colorectal Disease, Department of Surgery, Seoul St. Mary's Hospital, The Catholic University of Korea, College of Medicine
ggbong@catholic.ac.kr
- **Brig Gen (Dr) A. SINDI, FRCS(I)**, *Consultant General Surgery and Thoracic Surgery,*
Head of Surgical Department, KFAFH, KSA, Jeddah
+96650560110
- **Dr. Talal Bahksh, FACHARTZ**, *Associate Professor & Consultant General Surgeon,*
KAAUH, Kingdom of Saudi Arabia, JEDDAH
+966505674410
- **Dr. Nabil Khoja, FRCS(I), FRCS (ed)**, *General Surgery and Bariatric Surgery Consultant,*
KFAFH, Kingdom of Saudi Arabia, Jeddah
Dr.kojah@gmail.com, +966566606084
- **Dr. Ehab El Hussein**, *Consultant Oncology Surgery, KAAOC, KSA, Jeddah.*
ehabmh@yahoo.com, +966553098678
- **Dr. M. Al- Gari, FRCS (I), FRCS (ed), FACS**, *General Surgery & Hepatobiliary Surgery Consultant,*
KFAFH, KSA, Jeddah
+966505855081